

 @rfc\_morris

# WINTER LES MILLS LAUNCH

**Saturday,  
February 3rd**

**9:00-10:00am  
NEW Body Pump  
10:15-10:45am  
NEW Les Mills Core**

## **FREE CLASSES!**

- See our Winter group fitness schedule for weekly Body Pump + Les Mills Core classes offered



Join us for the NEW Body  
Pump + Les Mills Core!

Invite a friend!