



The
Tinman Triathlon
Morris, Minnesota

38TH ANNUAL TINMAN TRIATHLON

The Tinman Triathlon is held at the Regional Fitness Center on the University of Minnesota-Morris campus. Join us in Morris, meet athletes from across the region, and experience our friendly, small-town event!

May 4, 2024



2 COURSES

Choose between the sprint course or the olympic course!



Sprint

Swim - 450 Yards

Bike - 12 Miles

Run - 5 Kilometers

Olympic

Swim - 1,100 yards

Bike - 19 Miles

Run - 10 Kilometers

COMPETING

Compete individually or as a team!



REGISTER TODAY @

REGIONALFITNESSCENTER.COM/TINMAN

CONTACT US:



626 E 2nd Street, Morris, MN 56267



320-589-6485



REGIONALFITNESSCENTER.COM