

 @rfc\_morris

 **FALL LES MILLS  
LAUNCH**

**Saturday,  
November 4th**

**9:00-10:00am  
NEW Body Pump  
10:15-10:45am  
NEW Les Mills Core**

**FREE CLASSES!**

- See our Fall group fitness schedule for weekly Body Pump + Les Mills Core classes offered



Join us for the NEW Body Pump + Les Mills Core!

Invite a friend!

